

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring menu 2019 GCC

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 07/01/2019 28/01/2019 25/02/2019 18/03/2019	Main	Wholemeal Cheese & Tomato Pizza	Chicken Curry & rice	Roast Pork with Roast Potatoes and Gravy	Beef Lasagne with garlic slice	MSC Fish fingers with Chips
	Vegetarian	Quorn Chilli & rice	Macaroni Cheese with Garlic slice	Quorn Roast with Roast Potatoes and Gravy	Vegetable Sausage & Mash	Cheese & tomato quiche with wholemeal pastry and Chips
	Jacket Potato	Jacket Potato with Beans	Jacket potato with cheese	Jacket Potato with Tuna Carrot Cauliflower	Jacket potato with cheese	Jacket Potato with beans Baked Beans Garden Peas
		Sweetcorn Peas	Green Beans Carrots		Sweet corn Broccoli	
	Dessert	Rolled Apple & Strawberry Pie & Custard Yoghurt Fresh Fruit Platter	Chocolate mandarin brownie Yoghurt Fresh Fruit Salad	Oaty cookie Yoghurt Fresh Fruit Platter	Pineapple upside down cake with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 2 14/01/2019 04/02/2019 04/03/2019 25/03/2019	Main	Roasted vegetable Pizza	Spaghetti Beef bolognaise	Roast Turkey Roast Potatoes and Gravy	Sausage & Mash	MSC Breaded Fish with Chips
	Vegetarian	Vegetable Fajita	Lentil & Sweet Potato curry & rice	Vegetable Wellington with Roast Potatoes and Gravy	Cheese & Pepper Pinwheel With wholemeal pastry Jacket potato with cheese	Quorn burger in a bun with Chips
	Jacket Potato	Jacket Potato with Beans	Jacket potato with cheese	Jacket Potato with Tuna Red/Green Cabbage Peas		Jacket Potato with beans Baked Beans Garden Peas
		Coleslaw Sweet corn	Peas Carrots		Green Beans Carrots	
	Dessert	Chocolate crunch Yoghurt Fresh Fruit Platter	Banana Sponge & Custard Yoghurt Fresh Fruit Chunks	Flapjack Yoghurt Fresh Fruit Salad	Wholemeal Fruit Crumble with Custard Yoghurt Fresh Fruit Platter	Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 3 21/01/2019 11/02/2019 11/03/2019 01/04/2019	Main	Cheese & Sweetcorn Pizza	Chicken & Tomato Pasta Bake	Roast Gammon Roast Potatoes and Gravy	Meatballs with Pasta	MSC Battered Fish with Chips
	Vegetarian	Veggie Hotdog Quorn Sausage	Cheesy puff	Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Hotpot	Bean Burger in a bun with Chips
	Jacket Potato	Jacket Potato with Beans	Jacket potato with cheese	Jacket Potato with Tuna	Jacket potato with cheese	Jacket Potato with beans
		Peas Mixed Salad	Broccoli Carrots	Cauliflower Green beans	Sweetcorn Carrots	Baked Beans Garden Peas
	Dessert	Vanilla Shortbread Yoghurt Fresh Fruit Platter	Peach Crisp & Custard (WM) Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Chunks	Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station