

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Calton Silver Menu Autumn 2019 GCC

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Cheese & tomato pizza with potato wedges	Sausages & mash with gravy	Roast chicken & stuffing with roast potatoes & gravy	Beef meatballs in tomato sauce with 50/50 rice	MSC Fish fingers with chips
02.09.2019	Vegetarian	Quorn sausage with potato wedges	Five bean chilli with 50/ 50 rice	Mixed vegetable loaf with roast potatoes & gravy	Vegetable cottage pie with gravy	Spinach & tomato quiche with chips
23.09.2019						
14.10.2019	Jacket potato	Jacket potato with beans	Jacket potato with cheese	Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with beans
11.11.2019						
02.12.2019	Vegetables	Peas Carrots	Broccoli Sweetcorn	Cauliflower Carrot	Savoy cabbage Sweetcorn	Baked beans Peas
	Dessert	Apple, cheese & biscuits	Iced sponge	Chocolate shortbread	Lemon & mixed berry sponge with custard	Jelly & ice cream
Week 2	Main	Roasted vegetable pizza with potato wedges	Cottage pie with gravy	Roast gammon with roast potatoes & gravy	Chicken curry with 50/50 rice	MSC Fish in breadcrumbs with chips
09.09.2019						
30.09.2019	Vegetarian	Vegetable tagine with couscous	Vegetarian Quorn spaghetti bolognese	Vegetarian wellington with roast potatoes & gravy	Macaroni Cheese	Red pepper frittata with chips
21.10.2019						
18.11.2019	Jacket Potato	Jacket potato with beans	Jacket potato with cheese	Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with beans
09.12.2019						
	Vegetables	Carrots Green beans	Peas Cauliflower	Cabbage Swede	Sweetcorn Green beans	Baked beans Peas
	Dessert	Apple, cheese & biscuits	Jam sponge with custard	Carrot cake	Ginger sponge with custard	Jelly & ice cream
Week 3	Main	Cheese & pepper pizza with potato wedges	Lasagne with garlic bread	Roast pork with roast potatoes & gravy	Spaghetti bolognese with garlic bread	MSC Fish in batter with chips
16.09.2019						
07.10.2019	Vegetarian	Bean & lentil burger in a bun with potato wedges	Sweet potato & lentil curry with 50/50 rice	Quorn fillet with roast potatoes & gravy	Mixed bean casserole with 50/50 rice	Vegetable pasta bake
04.11.2019						
25.11.2019	Jacket Potato	Jacket potato with beans	Jacket potato with cheese	Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with beans
16.12.2019						
	Vegetables	Peas Carrots	Sweetcorn Green beans	Carrots Broccoli	Sweetcorn Savoy cabbage	Baked beans Peas
	Dessert	Apple, cheese & biscuits	Chocolate & beetroot brownie	Orange drizzle cake	Chocolate & orange sponge with chocolate sauce	Jelly & ice cream



Bread freshly baked on site, salad selection, fresh fruit and yoghurt are available daily.