

20 Random Acts of Kindness

Try some of these random acts of kindness. You will need to ask an adult for help before completing some of these activities.

1. Let somebody go first.
2. Help a friend with their work.
3. Ask somebody who is by themselves to come and play.
4. Let somebody go in front of you in the line.
5. Bring flowers for a grown-up.
6. Share your snack.
7. Make a drink for somebody.
8. Thank somebody.
9. Give somebody a hug.
10. Give some toys to a charity shop.
11. Draw somebody a picture.
12. Pick up litter.
13. Read a story to somebody younger.
14. Make a new friend.
15. Help to wash somebody's car.
16. Help a grown-up with a job.
17. Smile at people.
18. Tidy your bedroom.
19. Help somebody who has dropped something.
20. Feed the birds.

