



<p>Our PE provision aims to enable children to experience active, fun, progressive and challenging physical activities</p>	<p><b>BIG IDEAS</b></p> <ul style="list-style-type: none"> <li>▪ <b>Active daily:</b> to engage in physical activity outside of normal PE lessons using 'Daily a Mile' and 'GoNoodle'</li> <li>▪ <b>Intra/ Inter House:</b> Provide in house and external competitive sporting opportunities through a number of sports and activities for all abilities.</li> <li>▪ <b>Opportunities:</b> to experience activities that are lesser known and different to previous experiences.</li> </ul>	<p><b>CONTENTS AND SEQUENCING</b></p> <ul style="list-style-type: none"> <li>▪ Follow the PE scheme, providing opportunities to develop, refine and sequence skills; building upon skills taught in PE lessons and be physically active for a sustained period of time.</li> <li>▪ Develop teamwork within a competitive environment and apply skills taught, often through intra house space team events, providing opportunities to display simple attack and defence.</li> <li>▪ Develop key skills; continuous development of the key skills of running, catching, throwing and bouncing. Progression of balance, agility and co-ordination.</li> <li>▪ Provide celebration opportunities in a non-competitive and competitive environment during school sports mornings, enabling children to display the skills they have been previously taught and celebrate in front of the family.</li> <li>▪ Wellbeing week provides opportunities to promote health and fitness and also mental wellbeing awareness, including the need for a regular sleep pattern.</li> </ul>	
<p><b>LINKS WITH MATHS AND ENGLISH</b></p> <p>Each year group complete the Daily Mile, record the number of laps completed in the time frame and look to improve from their previous attempt.</p> <p>Children are able to write recounts on sporting experiences and share these with the school community.</p> <p>Opportunities to link PE to current themes and offer cross curricular engaging activities.</p>	<p><b>RETRIEVAL PRACTICE</b></p> <p>Recap on previous skills taught in previous lessons and year group on a regular basis.</p> <p>Vocabulary used and reinforced during every lesson. Also displayed in Gems Hall.</p> <p>Intra house events enable children to use and apply skills and when evaluating peer performances use appropriate vocabulary.</p>	<p><b>PROGRESS</b></p> <p>The Lancashire scheme is a progressive scheme over an average of 6 lesson period and also builds upon previous year skills.</p> <p>Year 5 and 6 participate in swimming to achieve the aim being able to swim different strokes and to be confident in swimming 25m. The Year 6 who are not as confident to participate in further intensive sessions in Autumn and Summer term.</p>	<p><b>SUPPORT</b></p> <p>Everyone has access to the PE National curriculum and the Lancashire scheme.</p> <p>CPD provided via specialist coaches in a range of sports and activities through GSSN membership.</p> <p>Link well established with Ribston who provide sessions via their young leader scheme.</p> <p>Community links via local clubs who provide PE and after school enrichment opportunities, including Gloucester City, Gloucester Rugby, Cricket, Aspire Tennis.</p>